

Real Estate Gym - Daily Design System

	y Actual To Monthly Listing Goal: Monthly Listing e (GCI): Actual:
Today's date:	
Prospecting (you can use the below or My Prospector e.g. Top 10 VIPS's, Top 10 potential vendors, Top 10 10 network	or in the Real Estate Gym) current buyers, Top 20 past vendors and buyers, Top
Calls Dialled	Calls Reached
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
TOTAL:	TOTAL:
2	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
5.	10.
Mental & Physical Wellness:	
Water: litres Healthy Meals: Y/N Exercise: time Real Estate Gym training:	
Today I am grateful for:	
My Random Act of Kindness today:	